

## MAKING SUMMER LEARNING COUNT ALL YEAR LONG



Every child needs access to quality summer-learning opportunities in order to avoid summer-learning loss — and to be successful all year long.

### WHY IS SUMMER LEARNING IMPORTANT?

Summer-learning loss is cumulative and disproportionately affects students from low-income families. Quality summer learning includes intentional academic programming, enrichment activities, literacy, physical activity, health and nutrition, and STEM (science, technology, engineering and math education).

[Watch a video](#) to learn more about the importance of summer learning, particularly for disadvantaged children.

## “...*If Children Were Not for Sale*”

California State PTA helped pass [Senate Bill 1165 \(Mitchell\)](#) last year: California’s first sexual-abuse and sex-trafficking prevention education bill. The bill has just become law and the California Department of Education is in the early stages of revising the health education framework for schools.

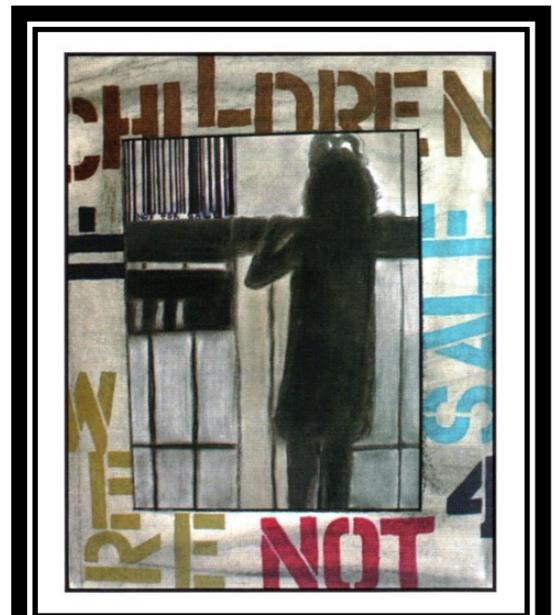
In January, the U.S. Department of Education released a new publication titled [“Human Trafficking in America's Schools \(2014\),”](#) a valuable resource for parents and educators to learn about the topic. This guide is the first step to implementing a successful prevention program for students. The resource was developed to help parents and educators:

- Understand how human trafficking impacts schools
- Recognize the indicators of possible child trafficking
- Develop policies, protocols and partnerships to address and prevent the exploitation of children.

The average age of entry into the U.S. commercial sex trade is between 12 to 14 years old. An overwhelming majority of these youth have had a history of early child sexual abuse. Educating youth about human trafficking helps to prevent exploitation. We can protect our youth by informing them about common recruiter tactics and where to find help for themselves or a friend.

Parents also can find out [more information](#) about how to protect their children against sex trafficking and exploitation.

California State PTA’s work on this important issue is driven by our [resolution](#), passed by convention delegates in 2010.



Reflections artwork by Savanna Shappee, Grade 8, Tully C. Knoles Elementary PTSA, Eighth District PTA.

**June 2015**  
Health and Wellness Observances

[National Safety Month](#)  
[Fireworks Safety Month](#)  
[Men's Health Month](#)  
[Prevent Blindness America Month](#)

June 7: [National Cancer Survivors Day](#)

June 15 - 21: [National Men's Health Week](#)

June 21-27 [National Lightning Safety Awareness Week](#)



**Health Commission**  
Vice President – Kathy Rabun  
[health@capta.org](mailto:health@capta.org)

**Commissioners:** Rhonda Brambley,  
Wendy Davis, Scott Folsom, Deanna Ford,  
Jeanette Jin, Deb Levine,  
Anna Measles, Lisa Mielke, Carla Niño  
Health Advocate: Cathy Hall

*Health Tidbits* is published monthly;  
to subscribe [click here](#).  
[www.capta.org](http://www.capta.org)

## Local School Wellness Policies

The U.S. Department of Agriculture's final rule for updating school wellness policy requirements is due out this spring. A focus on broader stakeholder engagement and stronger implementation will be required. Find out more by:

- Researching your existing Local School Wellness Policy and committee structure.
- Planning and scheduling your wellness meetings for 2015-2016.

[Learn more](#) about steps and strategies used to implement school wellness plans.

## Mental Health and Substance Abuse: Need more information?

Learn about the many topics that highlight the U.S. Substance Abuse and Mental Health Services Administration's efforts to prevent and reduce the impact of mental illness and substance use in America's communities:

[Alcohol, Tobacco and Other Drugs](#)

[Behavioral Health Treatments and Services](#)

[Criminal and Juvenile Justice](#)

[Data, Outcomes and Quality](#)

[Disaster Preparedness, Response and Recovery](#)

[Health Care and Health Systems Integration](#)

[Health Disparities](#)

[Health Financing](#)

[Health Information](#)

[Technology](#)

[HIV, AIDS and Viral](#)

[Hepatitis](#)

[Homelessness and Housing](#)

[Laws, Regulations and Guidelines](#)

[Mental and Substance Use Disorders](#)

[Prescription Drug Misuse and Abuse](#)

[Prevention of Substance Abuse and Mental Illness](#)

[Recovery and Recovery Support](#)

[School and Campus Health](#)

[Specific Populations](#)

[State and Local Government Partnerships](#)

[Suicide Prevention](#)

[Trauma and Violence](#)

[Tribal Affairs](#)

[Underage Drinking](#)

